

AVADE[®]

WORKPLACE VIOLENCE PREVENTION



HOME HEALTH CARE

| 2-HOUR COURSE OUTLINE |

Education, Prevention, and Mitigation for *Violence in the Workplace*

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The **AVADE[®] Home Health Care** Training program is designed to **educate, prevent, and mitigate** the risk of *violence in home health environments*.

In this 2-hour **AVADE[®] Home Health Care** course, participants will learn how to effectively create, develop, and enhance their personal safety with skills, habits, and defensive actions.

This course involves interactive exercises which will increase the retention and application of the material. Participants will learn strategies and techniques to avoid and prevent violence in home health care situations.

- All Participants Will Receive the **AVADE[®] Home Health Care** and Certificate of Completion.
- **AVADE[®] Home Health Care** Training is Nationally Recognized and Court Defensible.
- **AVADE[®] Home Health Care** Training 2-Hour Certification Cost – \$1,697.00 per course.
(For Up to 20 Participants)

› Introduction

- What is **AVADE[®]** Training?
- What is Workplace Violence?
- Workplace Violence Defined
- The Myth of Workplace Violence
- Crime and Violence in Healthcare
- The **AVADE[®]** Principles

[Continued]

› Awareness

- Awareness
- Risk Factors to Workplace Violence
- General Safety Measures
- Self-Awareness
- Emotional Awareness
- Situational Awareness
- Environmental Awareness
- Driving Concerns
- Parking Perspectives
- Unconscious Awareness
- Mental Movies & Impressing the Unconscious Mind

› Vigilance

- Vigilance
- Hypervigilance
- The Five Senses
- Trust Your Intuition
- Using Your Intuition
- Messages of Intuition
- Developing Intuition
- Stop | Look | Listen
- Home Concerns
- Entering the Home

[Continued]

➤ Avoidance

- Who Commits Violence?
- Characteristics of Individuals Who Commit Violence
- Stranger Violence
- What is a Predator
- Predator-Prey & Adaptation
- Predator Characteristics
- Prey Paradigms
- Prey Characteristics
- Hard Target vs. Easy Target
- Confident-Assertive-Defensive Presence
- Guest | Client | Patient Violence
- Lateral Violence
- Domestic Violence
- Extreme Violence

[Continued]

› Interpersonal Communication Skills

- Interpersonal Communication Skills
- The Three I's of Eye Communication
- Body Language
- Postures & Gestures
- Hands | Watch the Hands
- The "Right" Angle
- Components of the Assault Cycle
- Signs & Symptoms of Stress
- Stress De-Escalation
- Signs & Symptoms of Anger
- Anger De-Escalation
- Signs & Symptoms of Intoxication
- Intoxication De-Escalation
- Signs & Symptoms of Combat
- Strategies to Avoid Physical Harm
- Signals of Submission
- Developing Interpersonal Communication Skills

› Defense of Self & Others

- What is Self-Defense?
- The Attitude of Self-Defense
- Post-Incident Response
- Post-Incident Documentation

[Continued]

➤ Stress Management

- What is Stress?
- Types of Stress
- Fear
- Fight | Flight | Freeze
- Putting the Brakes on the Fight | Flight | Freeze
- Post-Incident Stress Debriefing
- Critical Incident Stress Debriefing

➤ Time & Distance

- Time or Distance
- Dangerous Weapons in YOUR Workplace
- The Art-of-Distraction

➤ Escape Planning

- Escape Planning
- Developing Escape Plans
- Own the Door

➤ Emergency Codes & Procedures

- Active Shooter
- Surviving an Active Shooter
- Personal Codes for Alerting Others

▶ **AVADE[®] Home Health Care Student Training Requirements**

- **AVADE[®] Home Health Care** 2-Hour Training Course Certification.
- Student Must Pass the Ten Question Written Exam With an 70% or Better.
- One Retest is Allowed. If Student Fails Re-Test, Course Must Be Taken Over Again.
- Recertification for Healthcare is Required Annually.
- Recertification Qualification = Pass Written Test Again.



CONTACT US TODAY!

Get started by requesting a **FREE** Training Proposal.

Call now, Toll Free: **866.773.7763**