

AVADE[®]

WORKPLACE VIOLENCE PREVENTION



HANDCUFFING TACTICS[™]

| INSTRUCTOR COURSE OUTLINE |

Education, Prevention, and Mitigation for Violence in the Workplace

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The **AVADE[®] Handcuffing Tactics[™]** Training program is designed to **empower officers, increase awareness, knowledge, and skills** in handcuffing techniques, control & restraint, and defensive tactics strategies.

This instructor course involves exercises, group interaction, discussion, lecture, and hands-on training. **AVADE[®] Handcuffing Tactics[™]** Training is modular-based and can be adapted into a variety of scheduling and training dynamics.

AVADE[®] HANDCUFFING TACTICS[™] INSTRUCTOR CERTIFICATION COURSE

Upon successful completion of the 1-Day (8-Hour) **AVADE[®] Handcuffing Tactics[™]** Training program, Instructors will receive the following:

- **AVADE[®] Handcuffing Tactics[™]** 3-Year In-House Instructor Certification

Authorization to train and certify staff in the:

- **AVADE[®] Handcuffing Tactics[™]** 4-Hour Certification Course
- **AVADE[®] Handcuffing Tactics[™]** Recertification Course
- **AVADE[®] Handcuffing Tactics[™]** Modular-Based Training

The **AVADE[®] Handcuffing Tactics[™]** Instructor package includes:

- Access to the **AVADE[®] Handcuffing Tactics[™]** Instructor Portal
- **AVADE[®] Handcuffing Tactics[™]** Instructor Manual
- **AVADE[®] Handcuffing Tactics[™]** Student Handouts and Training Forms
- Be Safe Not Sorry - The Art and Science of Keeping YOU and Your Family Safe From Crime and Violence
- Maintenance of Training Records
- Continual Support From **AVADE[®]** | Personal Safety Training Inc.

➤ Introduction

- Introduction to **AVADE**[®] **Handcuffing Tactics**[™] Training
- The First Rule of Training = Safety
- Modular-Based Training
- Modules & Objectives

➤ Module One - Defensive Tactics Fundamentals

- Fundamentals
- The Bladed Stance
- Defensive Movements
- Core Energy Principle
- Defensive Verbalization
- The Art of Distraction
- Escape Strategies
- Reactionary Gap
- Hand Positions

➤ Module Two - Handcuffing Nomenclature

- Handcuffing Nomenclature
- Chain, Hinged, & Plastic Handcuffs
- Rigid & Oversized Handcuffs
- Care & Maintenance of Handcuffs
- Handcuff Keys & Handcuff Holders
- Loading Your Handcuffs
- Handcuffing Grip & Stance

› **Module Three - Proper Placement, Fit & Position**

- Handcuffing Wrist Placement
- Position of Hands
- Check for Proper Fit & Wrist Placement
- Always Double Lock Handcuffs

› **Module Four - Handcuffing Positioning & Approach**

- Standing Subject Positioning
- Kneeling Subject Positioning
- Prone Subject Positioning

› **Module Five - Standing Handcuffing**

- Standing Handcuffing Technique (Part 1)
- Standing Handcuffing Technique (Part 2)
- Two Person Escort for Handcuffed Subject
- One Person Escort for Handcuffed Subject
- Removing Handcuffs

› **Module Six - Kneeling Handcuffing**

- Kneeling Handcuffing Technique (Part 1)
- Kneeling Handcuffing Technique (Part 2)

▶ **Module Seven - Prone Handcuffing**

- Prone Handcuffing Technique (Part 1)
- Prone Handcuffing Technique (Part 2)
- Prone Handcuffing Technique (Part 3)
- Standing the Prone Handcuffed Subject (Part 1)
- Standing the Prone Handcuffed Subject (Part 2)

▶ **Module Eight - One Arm Takedown**

- One Arm Takedown (Part 1)
- One Arm Takedown (Part 2)
- Prone Control Positions
- Positional Asphyxia

▶ **Module Nine - Handcuffing Tips & Warnings**

- Handcuffing Tips & Warnings
- Your Policies & Procedures

▶ **Module Ten - Post-Incident Response & Documentation**

- Post-Incident Response
- Post-Incident Documentation
- Elements of Reporting Force
- Use of Force Awareness

▶ **AVADE**[®] **Handcuffing Tactics**[™] Instructor Training Requirements

- Once Certified, the Instructor Shall Provide Training in the **AVADE**[®] **Handcuffing Tactics**[™] Training Program to Individuals in YOUR Agency Only.
- Each Person Trained by The Certified **AVADE**[®] **Handcuffing Tactics**[™] Instructor Must Receive an **AVADE**[®] **Handcuffing Tactics**[™] Student Guide for Initial Certification and Every Two Years Thereafter. The **AVADE**[®] **Handcuffing Tactics**[™] Instructor is Responsible for Purchasing the Student Guides From Personal Safety Training Inc. **Copying of the Guides is Strictly Prohibited by Copyright Laws.*
- Instructor Must Pass the Thirty Five Question Written Exam with an 85% or Better.
- Instructor Must Pass a Trainers Presentation With an Acceptable Rating.
- Instructor Must Pass a Proficiency Skills Test With an Acceptable Rating.
- Instructor Must Adhere to All Requirements and Guidelines Set Forth in this Instructors Manual.
- Recertification as an Instructor is Required Every Three Years.