

# AVADE<sup>®</sup>

WORKPLACE VIOLENCE PREVENTION



## HANDCUFFING TACTICS<sup>™</sup>

| 4-HOUR COURSE OUTLINE |

**Education, Prevention, and Mitigation** for Violence in the Workplace

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The **AVADE**<sup>®</sup> **Handcuffing Tactics**<sup>™</sup> Training program is designed to **empower officers, increase awareness, knowledge, and skills** in handcuffing techniques, control & restraint, and defensive tactics strategies.

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## ARE YOU PREPARED TO CONTROL AN ESCALATED SITUATION?

In this 4-hour **AVADE**<sup>®</sup> **Handcuffing Tactics**<sup>™</sup> course, participants will learn how to effectively and safely handcuff a standing, kneeling, and prone subject while using defensive tactics strategies and techniques.

This course involves group interaction, discussion, lecture, and practice exercises (skills/drills). The **AVADE**<sup>®</sup> **Handcuffing Tactics**<sup>™</sup> Training is modular-based and can be adapted into a variety of scheduling and training dynamics.

- All Participants Will Receive the **AVADE**<sup>®</sup> **Handcuffing Tactics**<sup>™</sup> Student Guide and Certificate of Completion.
- **AVADE**<sup>®</sup> **Handcuffing Tactics**<sup>™</sup> Training is Nationally Recognized and Court Defensible.
- **AVADE**<sup>®</sup> **Handcuffing Tactics**<sup>™</sup> Training 4-Hour Certification Cost – \$1,997.00 per course. (For Up to 20 Participants)

### ➤ Introduction

- Introduction to **AVADE**<sup>®</sup> **Handcuffing Tactics**<sup>™</sup> Training
- The First Rule of Training = Safety
- Modular-Based Training
- Modules & Objectives

## › **Module One - Defensive Tactics Fundamentals**

- Fundamentals
- The Bladed Stance
- Defensive Movements
- Core Energy Principle
- Defensive Verbalization
- The Art of Distraction
- Escape Strategies
- Reactionary Gap
- Hand Positions

## › **Module Two - Handcuffing Nomenclature**

- Handcuffing Nomenclature
- Chain, Hinged, & Plastic Handcuffs
- Rigid & Oversized Handcuffs
- Care & Maintenance of Handcuffs
- Handcuff Keys & Handcuff Holders
- Loading Your Handcuffs
- Handcuffing Grip & Stance

## › **Module Three - Proper Placement, Fit & Position**

- Handcuffing Wrist Placement
- Position of Hands
- Check for Proper Fit & Wrist Placement
- Always Double Lock Handcuffs

## › **Module Four - Handcuffing Positioning & Approach**

- Standing Subject Positioning
- Kneeling Subject Positioning
- Prone Subject Positioning

## › **Module Five - Standing Handcuffing**

- Standing Handcuffing Technique (Part 1)
- Standing Handcuffing Technique (Part 2)
- Two Person Escort for Handcuffed Subject
- One Person Escort for Handcuffed Subject
- Removing Handcuffs

## › **Module Six - Kneeling Handcuffing**

- Kneeling Handcuffing Technique (Part 1)
- Kneeling Handcuffing Technique (Part 2)

## › **Module Seven - Prone Handcuffing**

- Prone Handcuffing Technique (Part 1)
- Prone Handcuffing Technique (Part 2)
- Prone Handcuffing Technique (Part 3)
- Standing the Prone Handcuffed Subject (Part 1)
- Standing the Prone Handcuffed Subject (Part 2)

## › **Module Eight - One Arm Takedown**

- One Arm Takedown (Part 1)
- One Arm Takedown (Part 2)
- Prone Control Positions
- Positional Asphyxia

## › **Module Nine - Handcuffing Tips & Warnings**

- Handcuffing Tips & Warnings
- Your Policies & Procedures

## › **Module Ten - Post-Incident Response & Documentation**

- Post-Incident Response
- Post-Incident Documentation
- Elements of Reporting Force
- Use of Force Awareness

## › **AVADE**<sup>®</sup> **Handcuffing Tactics**<sup>™</sup> **Student Training Requirements**

- **AVADE**<sup>®</sup> **Handcuffing Tactics**<sup>™</sup> 4-Hour Training Course Certification.
- Student Must Pass the Twenty Five Question Written Exam With an 80% or Better.
- One Retest is Allowed. If Student Fails Re-Test, Course Must Be Taken Over Again.
- Student Must Pass the Proficiency Skills Test With an Acceptable Rating.
- Recertification for Healthcare is Required Annually.
- Recertification for Corporate Required Every Other Year. (No Time Requirement for Recert)  
*\*Yearly Training is Recommended.*
- Recertification Qualification = Pass Written Test & Skills Test Again.