

AVADE[®]

WORKPLACE VIOLENCE PREVENTION



DEFENSE BATON[™]

| INSTRUCTOR COURSE OUTLINE |

Education, Prevention, and Mitigation for *Violence in the Workplace*

1.866.773.7763 • personalsafetytraining.com • avadetraining.com

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The **AVADE[®] Defense Baton[™]** Training program is designed to **empower officers, increase awareness, knowledge, and skills** in use-of-force, self-defense, and defense of others with a defensive baton.

This instructor course involves exercises, group interaction, discussion, lecture, and hands-on training. **AVADE[®] Defense Baton[™]** Training is modular-based and can be adapted into a variety of scheduling and training dynamics.

AVADE[®] DEFENSE BATON[™] INSTRUCTOR CERTIFICATION COURSE

Upon successful completion of the 1-Day (8-Hour) **AVADE[®] Defense Baton[™]** Training program, Instructors will receive the following:

- **AVADE[®] Defense Baton[™]** 3-Year In-House Instructor Certification

Authorization to Train and Certify Staff in the:

- **AVADE[®] Defense Baton[™]** 4-Hour Certification Course
- **AVADE[®] Defense Baton[™]** 1-Day Certification Course
- **AVADE[®] Defense Baton[™]** Recertification Course

The **AVADE[®] Defense Baton[™]** Instructor Package Includes:

- Access to the **AVADE[®] Defense Baton[™]** Instructor Portal
- **AVADE[®] Defense Baton[™]** Instructor Manual
- **AVADE[®] Defense Baton[™]** Student Handouts and Training Forms
- Be Safe Not Sorry - The Art and Science of Keeping YOU and Your Family Safe From Crime and Violence
- Maintenance of Training Records
- Continual Support From **AVADE[®]** | Personal Safety Training Inc.

▶ Introduction

- Introduction to **AVADE[®] Defense Baton[™]** Training
- The First Rule of Training = Safety
- Modular-Based Training
- Modules & Objectives

▶ Module One - Baton Awareness

- Types of Batons
- Care, Maintenance, & Operation
- Opening the Baton
- Closing the Friction Lock Baton
- The Myth of Closing the Baton

▶ Module Two - Use of Force & Self-Defense

- Awareness of Liability Risks
- Agency Policies & Procedures
- What is Self-Defense?
- Disclaimer
- Lawful Use of Force & Self-Defense
- Levels of Force Continuum
- Use of Force Model
- Increasing the Level of Force
- Vulnerable Areas of the Body
- Low Risk Target Areas
- Medium Risk Target Areas
- High Risk Target Areas

› Module Three - Baton Nomenclature

- Baton Nomenclature
- Baton Manufacturers

› Module Four - Baton Defensive Tactics Fundamentals

- Fundamentals
- The Bladed Stance
- Defensive Movements
- Core Energy Principle
- Defensive Verbalization
- Distraction Techniques
- Escape Strategies
- Reactionary Gap
- Hand Positions
- Gripping the Baton

› Module Five - Baton Handling Positions

- One Hand Baton Handling
- Two Hand Baton Handling
- Outside Arm Baton Handling
- Baton Draws
- Strong Side Baton Draw
- Support Side Baton Draw
- Baton Holders

▶ **Module Six - Baton Blocking Techniques**

- High Block
- Outside Block | Right Side
- Outside Block | Left Side
- Middle Block
- Low Block

▶ **Module Seven - Baton Defensive Counter Techniques**

- Front Jab Counter Technique
- Rear Jab Counter Technique
- Grip End Jab Counter Technique
- Long End Jab Counter Technique
- Middle Counter Technique
- Outside Arm Front Counter Technique
- Reverse Frontal Counter Technique
- Closed Baton Counter Technique

▶ **Module Eight - Baton Control & Decentralization Techniques**

- Strong Side Rear Wrist Control
- Rear Wrist Control with Escort
- Strong Side Rear Wrist Control with Takedown | Part 1
- Strong Side Rear Wrist Control with Takedown | Part 2
- Support Side Rear Wrist Control
- Rear Wrist Control with Escort
- Support Side Rear Wrist Control with Takedown | Part 1
- Support Side Rear Wrist Control with Takedown | Part 2
- Frontal Block with Takedown

▶ **Module Nine - Baton Retention Techniques**

- Carry Retention In-Holder
- One Hand Baton Retention
- Two Hand Baton Retention

▶ **Module Ten - Post-Incident Response & Documentation**

- Post-Incident Response
- Post-Incident Documentation
- Elements of Reporting Force

▶ **AVADE[®] Defense Baton[™] Instructor Training Requirements**

- Once Certified, the Instructor Shall Provide Training in the **AVADE[®] Defense Baton[™]** Training Program to Individuals in YOUR Agency Only.
- Each Person Trained by The Certified **AVADE[®] Defense Baton[™]** Instructor Must Receive an **AVADE[®] Defense Baton[™]** Student Guide for Initial Certification and Every Two Years Thereafter. The **AVADE[®] Defense Baton[™]** Instructor is Responsible for Purchasing the Student Guides From Personal Safety Training Inc. **Copying of the Guides is Strictly Prohibited by Copyright Laws.*
- Instructor Must Pass the Thirty Five Question Written Exam with an 85% or Better.
- Instructor Must Pass a Trainers Presentation With an Acceptable Rating.
- Instructor Must Pass a Proficiency Skills Test With an Acceptable Rating.
- Instructor Must Adhere to All Requirements and Guidelines Set Forth in this Instructors Manual.
- Recertification as an Instructor is Required Every Three Years.