

AVADE[®]

WORKPLACE VIOLENCE PREVENTION



DEFENSE BATON[™]

| 4-HOUR COURSE OUTLINE |

Education, Prevention, and Mitigation for *Violence in the Workplace*

1.866.773.7763 • personalsafetytraining.com • avadetraining.com

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The AVADE® Defense Baton™ Program is designed to **educate, prevent, and mitigate** the risk of escalation, aggression, and violence to individuals in the workplace.

This course involves exercises, group interaction, discussion, lecture, and hands-on training. **AVADE® Defense Baton™** training is modular-based and can be adapted into a variety of scheduling and training dynamics.

AVADE® Defense Baton™ 4-Hour Course

In this 4-hour **AVADE® Defense Baton™** course, participants will learn how to effectively and safely use defense baton skills while using defensive tactics strategies and techniques.

- All participants will receive the **AVADE® Defense Baton™** Student Guide and Certificate of Completion.
- **AVADE® Defense Baton™** training is nationally recognized and court defensible.
- **AVADE® Defense Baton™** training 4-hour certification cost—\$1,997.00 per course (up to 20 participants).

AVADE® Defense Baton™ Student Training Requirements

- **AVADE® Defense Baton™** 4-hour training course certification.
- The student must pass the 25-question written exam with an 80% or better.
- One retest is allowed. If the student fails re-test, the course must be taken over again.
- Recertification for Healthcare is required annually.
- Recertification for Corporate is required every other year. There is no time requirement for recertification.
- **Yearly training is recommended.**
- Recertification qualification = pass written test and skills test again.

Introduction

- AVADE[®] Defense Baton[™]
- AVADE[®] Training Safety Rules
- AVADE[®] Defense Baton[™] Modules and Objectives

Module 1: Baton Awareness

- Awareness of Liability Risk
- Types of Batons
- Care, Maintenance, and Operation
- *Exercise: Opening the Baton*
- *Exercise: Closing the Friction Lock Baton*

Module 2: Baton Use of Force

- Awareness of Liability Risk
- Center for Medicaid Services
- What Is Self-Defense?
- Lawful Use of Defense
- Levels of Force Continuum
- Subject's Actions vs. Officer's Actions
- Lawful Use of Force
- Subject and Officer Factors
- Increasing Levels of Force
- Vulnerable Areas of the Body

Module 3: Baton Nomenclature

- Baton Nomenclature
- Baton Manufacturers
- *Exercise: Gripping the Baton: One-Handed and Two-Handed*

Module 4: Defensive Tactics Fundamentals

- Defensive Tactics Fundamentals Overview
- On Target Training
- *Exercise: Stance | Balance | Stability: Bladed Stance*
- *Exercise: Defensive Movements—Forward Shuffle*
- *Exercise: Defensive Movements—Rear Shuffle*
- *Exercise: Defensive Movements—Side-to-Side Shuffle*
- *Exercise: Defensive Movements—Forward and Rear Pivoting*
- *Exercise: Robot Exercise*
- *Exercise: Core Energy Principle*
- Defensive Verbalization
- The Art of Distraction
- Escape Strategies
- *Exercise: Reactionary Gap*
- Hand Positions

Module 5: Baton Handling Positions

- Exercise: Baton Handling Positions (One-Handed, Two-Handed, and Outside the Arm)
- Exercise: Baton Strong Side Draw
- Exercise: Baton Cross (Support Side) Draw
- Exercise: Baton Holders

Module 6: Baton Blocking Techniques

- Exercise: Baton High Block Defense
- Exercise: Baton Outside Block Defense
- Exercise: Baton Middle Block Defense
- Exercise: Baton Low Block Defense

Module 7: Baton Defensive Counter Techniques

- Exercise: Front Jab Counter Defense
- Exercise: Rear Jab Counter Defense
- Exercise: Grip End Counter Defense
- Exercise: Long End Counter Defense
- Exercise: Middle Portion Counter Defense
- Exercise: Outside Arm Frontal Counter Defense
- Exercise: Reverse Frontal Counter Defense
- Exercise: Closed Baton Counter Defense

Module 8: Baton Control and Decentralization Techniques

- Exercise: Strong Side Rear Wrist Control
- Exercise: Strong Side Rear Wrist Control with Escort
- Exercise: Strong Side Rear Wrist Control with Take-Down
- Exercise: Strong Side Rear Wrist Control with Prone Control
- Exercise: Support Side Rear Wrist Control
- Exercise: Strong Side Rear Wrist Control with Escort
- Exercise: Strong Side Rear Wrist Control with Take-Down
- Exercise: Strong Side Rear Wrist Control with Prone Control
- Positional Asphyxia
- Exercise: Frontal Block with Take-Down

Module 9: Baton Retention Techniques

- Exercise: Carry Retention in Holder
- Exercise: One-Handed Baton Retention
- Exercise: Two-Handed Baton Retention

Module 10: Post-Incident Response and Documentation

- Post-Incident Response
- Post-Incident Documentation
- Elements of Reporting Force



CONTACT US TODAY!

Get started by requesting a **FREE** Training Proposal
Reach us at **866.773.7763** or **avadetraining.com**