

# AVADE<sup>®</sup>

WORKPLACE VIOLENCE PREVENTION



## DEFENSE BATON<sup>™</sup>

| 1-DAY COURSE OUTLINE |

**Education, Prevention, and Mitigation** for *Violence in the Workplace*

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The **AVADE<sup>®</sup> Defense Baton<sup>™</sup>** Training program is designed to **empower officers, increase awareness, knowledge, and skills** in use-of-force, self-defense, and defense of others with a defensive baton.

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## ARE YOU PREPARED TO CONTROL AN ESCALATED SITUATION?

In this 1-day (8-hour) **AVADE<sup>®</sup> Defense Baton<sup>™</sup>** course, participants will learn how to effectively and safely use defense baton skills while using defensive tactics strategies and techniques.

This course involves group interaction, discussion, lecture, and practice exercises (skills/drills). The **AVADE<sup>®</sup> Defense Baton<sup>™</sup>** Training is modular-based and can be adapted into a variety of scheduling and training dynamics.

- All Participants Will Receive the **AVADE<sup>®</sup> Defense Baton<sup>™</sup>** Student Guide and Certificate of Completion.
- **AVADE<sup>®</sup> Defense Baton<sup>™</sup>** Training is Nationally Recognized and Court Defensible.
- **AVADE<sup>®</sup> Defense Baton<sup>™</sup>** Training 1-Day Certification Cost – \$2,997.00 per course.  
(For Up to 20 Participants)

### ➤ Introduction

- Introduction to **AVADE<sup>®</sup> Defense Baton<sup>™</sup>** Training
- The First Rule of Training = Safety
- Modular-Based Training
- Modules & Objectives

## › **Module One - Baton Awareness**

- Types of Batons
- Care, Maintenance, & Operation
- Opening the Baton
- Closing the Friction Lock Baton
- The Myth of Closing the Baton

## › **Module Two - Use of Force & Self-Defense**

- Awareness of Liability Risks
- Agency Policies & Procedures
- What is Self-Defense?
- Disclaimer
- Lawful Use of Force & Self-Defense
- Levels of Force Continuum
- Use of Force Model
- Increasing the Level of Force
- Vulnerable Areas of the Body
- Low Risk Target Areas
- Medium Risk Target Areas
- High Risk Target Areas

## › **Module Three - Baton Nomenclature**

- Baton Nomenclature
- Baton Manufacturers

## ▶ **Module Four - Baton Defensive Tactics Fundamentals**

- Fundamentals
- The Bladed Stance
- Defensive Movements
- Core Energy Principle
- Defensive Verbalization
- Distraction Techniques
- Escape Strategies
- Reactionary Gap
- Hand Positions
- Gripping the Baton

## ▶ **Module Five - Baton Handling Positions**

- One Hand Baton Handling
- Two Hand Baton Handling
- Outside Arm Baton Handling
- Baton Draws
- Strong Side Baton Draw
- Support Side Baton Draw
- Baton Holders

## ▶ **Module Six - Baton Blocking Techniques**

- High Block
- Outside Block | Right Side
- Outside Block | Left Side
- Middle Block
- Low Block

## ▶ **Module Seven - Baton Defensive Counter Techniques**

- Front Jab Counter Technique
- Rear Jab Counter Technique
- Grip End Jab Counter Technique
- Long End Jab Counter Technique
- Middle Counter Technique
- Outside Arm Front Counter Technique
- Reverse Frontal Counter Technique
- Closed Baton Counter Technique

## ▶ **Module Eight - Baton Control & Decentralization Techniques**

- Strong Side Rear Wrist Control
- Rear Wrist Control with Escort
- Strong Side Rear Wrist Control with Takedown | Part 1
- Strong Side Rear Wrist Control with Takedown | Part 2
- Support Side Rear Wrist Control
- Rear Wrist Control with Escort
- Support Side Rear Wrist Control with Takedown | Part 1
- Support Side Rear Wrist Control with Takedown | Part 2
- Frontal Block with Takedown

## ▶ **Module Nine - Baton Retention Techniques**

- Carry Retention In-Holder
- One Hand Baton Retention
- Two Hand Baton Retention

## ▶ **Module Ten - Post-Incident Response & Documentation**

- Post-Incident Response
- Post-Incident Documentation
- Elements of Reporting Force

## ▶ **AVADE<sup>®</sup> Defense Baton<sup>™</sup> Student Training Requirements**

- **AVADE<sup>®</sup> Defense Baton<sup>™</sup> 1-Day Training Course Certification.**
- Student Must Pass the Twenty Five Question Written Exam With an 80% or Better.
- One Retest is Allowed. If Student Fails Re-Test, Course Must Be Taken Over Again.
- Student Must Pass the Proficiency Skills Test With an Acceptable Rating.
- Recertification for Healthcare is Required Annually.
- Recertification for Corporate Required Every Other Year. (No Time Requirement for Recert)  
*\*Yearly Training is Recommended.*
- Recertification Qualification = Pass Written Test & Skills Test Again.