

AVADE[®]

WORKPLACE VIOLENCE PREVENTION

HANDCUFFING TACTICS[™]

COURSE OBJECTIVES



AVADE® Handcuffing Tactics™

Modules and Objectives

This training and education is designed to empower officers and increase awareness, knowledge, and skills in handcuffing techniques, control, restraint, and defensive tactics strategies.

The AVADE® Handcuffing Tactics™ training provides essential skills for law enforcement and security personnel on the safe and effective use of handcuffs during restraint situations. The program covers defensive tactics fundamentals, handcuff placement, fit, positioning, and various techniques for handcuffing in standing, kneeling, and prone positions. It also includes the one-arm takedown technique for controlling resistive subjects. By emphasizing proper procedure and safety, the course helps reduce injury and liability while maintaining control in high-stress situations..

DEFENSIVE TACTICS FUNDAMENTALS

The learner will be able to understand and perform the fundamentals of defense. They will also be able to articulate that the fundamentals are a foundation to build upon regarding defensive tactics.

HANDCUFFING NOMENCLATURE

The learner will be able to understand the various types of handcuffs available, including their features and applications, as well as proper loading techniques to ensure quick and effective deployment during handcuffing situations.

PROPER PLACEMENT, FIT, AND POSITION

The learner will be able to assess accurately and position handcuffs on the subjects' wrists, checking for proper fit to prevent injuries and liabilities. Additionally, they will develop proficiency in double locking the handcuffs to enhance safety for the subject and officer.

HANDCUFFING POSITIONING AND APPROACH

The learner will demonstrate how to position subjects strategically during the handcuffing procedure. Additionally, officers will understand the optimal approach and position for standing, kneeling, and prone handcuffing.

STANDING HANDCUFFING

The learner will demonstrate how to effectively handcuff cooperative or semi-cooperative subjects in a standing position, emphasizing proper positioning, approach, and handcuffing safety measures.

KNEELING HANDCUFFING

The learner will demonstrate how to effectively handcuff cooperative or semi-cooperative subjects in a kneeling position, emphasizing proper positioning, approach, and handcuffing safety measures.

PRONE HANDCUFFING

The learner will demonstrate how to effectively handcuff cooperative or semi-cooperative subjects in a prone position, emphasizing proper positioning, approach, and handcuffing safety measures.

ONE-ARM TAKEDOWN

The learner will demonstrate how to effectively control a resistive subject using a one-arm takedown technique, focusing on decentralization and minimizing the risk of injury.

HANDCUFFING TIPS AND WARNINGS

The learner will be able to understand and articulate the essential tips and warnings related to handcuffing procedures to enhance safety and effectiveness during restraint situations.

POST-INCIDENT RESPONSE AND DOCUMENTATION

The learner will understand the importance of implementing post-incident response protocols following a violent incident, focusing on triage, reporting, debriefing, documentation, and corrective actions to ensure safety and risk mitigation.