



## DEFENSIVE TACTICS SYSTEM™ (DTS)

COURSE OBJECTIVES



Education, Prevention, and Mitigation for Violence in the Workplace

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# AVADE® Defensive Tactics System™

## Modules and Objectives

**This training and education is designed to empower officers and increase awareness, knowledge, skills, and responses with regard to use of force, control and restraint, and self-defense.**

The AVADE® Defensive Tactics System™ (DTS™) is designed to provide law enforcement, security, and public safety officers with essential skills for self-defense and safely controlling aggressive individuals. The training focuses on the use of reasonable force, defensive tactics, handcuffing, weapon retention, and post-incident documentation. It emphasizes understanding legal and procedural guidelines to reduce injury and liability while ensuring safety. The course is modular, adaptable to various environments, and promotes confidence in handling physically resistive situations effectively and lawfully.

### USE OF FORCE AND SELF-DEFENSE

The learner will be able to distinguish between the different levels of force, understand the legal and ethical aspects of self-defense, including the use of force continuum, and articulate reasonable force in different situations.

### DEFENSIVE TACTICS FUNDAMENTALS

The learner will be able to understand and perform the fundamentals of defense. They will also be able to articulate that the fundamentals are a foundation to build upon regarding defensive tactics.

### CONTACT AND COVER TEAM POSITIONING

The learner will be able to understand and perform the team tactics for defensive control. They will also be able to demonstrate the importance of having a team to control someone who is out of control.

### ESCORT STRATEGIES AND TECHNIQUES

The learner will be able to understand and perform two escort techniques. They will also be able to incorporate team tactics for escorting an individual.

## **CONTROL AND DECENTRALIZATION**

The learner will be able to understand and perform three control techniques for a situation where an individual is physically combative. They will also be able to articulate the justification for using any of the control and decentralization techniques.

## **HANDCUFFING TECHNIQUES**

The learner will be able to demonstrate proficiency in handcuffing tactics, including proper positioning and effective application of handcuffs while the subject is standing, kneeling, or in a prone position, ensuring the safe and secure restraint of the subject.

## **DEFENSIVE BLOCKING TECHNIQUES**

The learner will be able to understand and perform seven defensive blocking techniques. They will also be able to articulate the importance of blocking and how physically violent individuals attack the human body.

## **PERSONAL DEFENSIVE TECHNIQUES**

The learner will be able to understand and perform eight personal defensive techniques. They will also be able to articulate the justification for using any of the personal defense techniques.

## **WEAPON RETENTION TECHNIQUES**

The learner will be able to demonstrate retention techniques, encompassing holster awareness, holster retention, elbow retention, and single-hand and two-hand retention techniques, ensuring the safe and secure control and retention of their weapon/defensive tool.

## **POST-INCIDENT RESPONSE AND DOCUMENTATION**

The learner will be able to comprehend the importance of post-incident response and post-incident documentation. They will also understand the components of writing an intelligent and articulate incident report.