

AVADE® Personal Safety Training Inc. Training Guidelines

The following recommendations, guidelines, and best practices are for in-house instructors teaching AVADE® Personal Safety Training courses. This information is not intended to supersede your agency policies and procedures, state and federal legal requirements and agency compliance requirements. It is strictly for the purpose of assisting instructors when teaching AVADE Personal Safety Training courses.

Classroom Training ~ Universal Safety Precautions

- If staff are ill or symptomatic **DO NOT** have them attend the live classroom training.
- Clean your classroom before and after the training session. (clean desk, chairs, equipment, any surfaces that are touched etc.. with disinfectant/sanitizer)
 - Follow agency policies & procedures.
- Set up your class so that students are appropriately and safely distanced from one another (CDC guidelines are 6 feet or approximately two arm lengths).
- Instructor to student ratio. We recommend the 1/12 rule -one instructor to twelve students. Due to social distancing and room size you may need to utilize additional instructors to monitor students.
- Follow your agency policies & procedures regarding students use of nitrile gloves and face coverings.
- Wash your Hands- and have hand sanitizer and wipes available for staff.
- Have FUN! Attitude is everything!

Hands-On Training ~ Universal Safety Precautions

- If staff are ill or symptomatic **DO NOT** have them attend the live hands-on training.
- Explain the SAFETY Rules to staff with an emphasis on personal protection/safety.
- Clean your classroom before and after the training session. (clean desk, chairs, equipment, any surfaces that are touched etc.. with disinfectant/sanitizer)
 - Follow agency policies & procedures.
- Instructor to student ratio. 1/12 rule -one instructor to twelve students.
- Have participants use nitrile gloves for any exercises.
 - Follow your agency policies & procedures regarding face coverings.
- Wash your Hands- and have hand sanitizer and wipes available for staff.
- Do more static air practice drills and repetitions, this will minimize partner exercises.
- Refer to the demonstration videos for air practice techniques and techniques using PPE (personal protective equipment). **CHECK INSTRUCTOR PORTAL for videos.**
- Have FUN! Attitude is everything!

CONTACT US TODAY!

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